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Notice No. **PRTGC/26/p/1**

Date: **12/06/2026**

NOTICE

Subject: Observation of International Day of Yoga (IDY), 2026

As per Notice No. 01/DPI-22/6/2026-JD(DPI)-DPI dated 09.06.2026 issued by the Department of Higher Education, West Bengal State NSS Cell, Government of West Bengal, this is to inform all concerned that the **12th International Day of Yoga (IDY) 2026** will be observed by the NSS Unit of P. R. Thakur Government College on **21.06.2026 (Sunday)** from **6:30 AM**.

On this occasion, a team of experienced Yoga Instructors will conduct an awareness session highlighting the benefits of yoga, followed by a practical demonstration and guided yoga practice for the participants.

Instructions:

- Wear loose outfits
- Take light food at least half an hour before the session

All faculty members, non-teaching staff, and NSS Volunteers are requested to participate in the programme and ensure its successful observance.

Muzaffar Sarker Raju

NSS Programme Officer
P. R. Thakur Government College



National Service Scheme
Programme Officer
P. R. Thakur Govt. College